

Red Chutney

# SURPLUS FOOD IMPACT REPORT



By choosing to donate surplus food to City Harvest, **Red Chutney Ltd** has nourished thousands of people across London experiencing food poverty.

Your donations equate to:

**2.67 TONNES**  
**FOOD DONATED**



to City Harvest London

**RESCUE FOOD**

**6,355**  
**MEALS DELIVERED**



to charities feeding their communities

**RESCUE PEOPLE**

**10.14 TONNES**  
**CO<sub>2</sub>e EMISSIONS**  
**PREVENTED**



by rescuing food for  
human consumption

**RESCUE PLANET**

*Thank You!*

# WHO YOUR FOOD NOURISHES



Your food brings hope and opportunity to thousands of people who are unable to access or afford nutritious food. Food poverty is when you have to make hard choices, 'heat or eat?' 'Commute to school/ work or eat dinner?' Providing free, healthy food to charities that feed their communities enables people to stretch their budgets further. We deliver to every kind of charity group including food banks, faith groups, community centres, domestic abuse refuges, hostels, shelters, food banks, schools, refugee centres, mental health centres, family centres and youth clubs. We are the charity of charities.

## WAND UK KENSINGTON & CHELSEA

WAND (Women's Association for Networking and Development) is a pillar of support for women in the Ladbroke Grove area through the vital resources it provides to women, families, and anyone in need of help. WAND empowers women through training and courses, provides free food for anyone facing food poverty, and offers 1-on-1 emotional support for those experiencing trauma, and/or escaping domestic violence. The team are able to alleviate financial pressure and emotional stress for their recipients through the lifeline of free food from City Harvest.

*"After paying bills, I am left with very little money which does not allow me to buy enough food to last me the whole week. The food support I get from WAND has not only made my life easier, but I've extended this help to my two friends who are disabled and are struggling, like me."*



*"I was sacked from my job. Me and my children did not have food for three days. I saw a flyer about WAND's community food centre and came here. It is such a mental relief knowing that at least we would not go hungry again."*

## HORNBEAM COMMUNITY CAFE WALTHAM FOREST

The Hornbeam Community Café, Walthamstow, is a vibrant space catering for vulnerable people in the local area with hot, plant-based meals and distributing free grocery packs. Each week, City Harvest delivers free, nutritious food that can make 728 meals a week for guests at the Hornbeam Cafe.

The community-led model has allowed people in need to approach the Hornbeam for help and free food throughout its existence, without fear of judgment. The community café's role has evolved into a hub where the team can signpost users to other vital services within the area, especially those facing other challenges, exacerbated by COVID-19.

*"We've seen that people want to be a part of a community and help each other. We really want to encourage that, we think there's beauty in that."*



# Thank You!